

Ergebnisliste Volkstriathlon

Platz	M/W	Name, Vorname	JG	Verein	Klasse	KP	Zeit
1	1	Hinrichs, Jesse Schwim = 00:08:56 (1) - Rad = 00:31:39 (4) - Lauf = 00:18:48 (1)	98	1. TCO Die Bären Oldenbu	mJun	1	59:23
2	2	Lembcke, Nicholas Schwim = 00:09:43 (2) - Rad = 00:31:36 (3) - Lauf = 00:19:13 (4)	84	LC Nordhorn	TM30	1	1:00:32
3	3	Siedlitzki, Christian Schwim = 00:10:54 (3) - Rad = 00:31:06 (1) - Lauf = 00:19:03 (3)	65	LAV Verden	TM50	1	1:01:03
4	4	Meemken, Janno Schwim = 00:11:18 (5) - Rad = 00:32:08 (5) - Lauf = 00:19:59 (6)	94	DSC Oldenburg	TM20	1	1:03:25
5	5	Frerichs, Jamal Schwim = 00:11:00 (4) - Rad = 00:33:30 (15) - Lauf = 00:19:01 (2)	93	TuS BW Lohne Triathlon	TM20	2	1:03:31
6	6	Strotmann, Matthias Schwim = 00:13:22 (27) - Rad = 00:31:15 (2) - Lauf = 00:19:17 (5)	74	Haselünner Sportverein	TM40	1	1:03:54
7	7	Müller, Jens Oliver Schwim = 00:12:48 (19) - Rad = 00:32:24 (7) - Lauf = 00:21:02 (12)	81	Harpstedter TB Triathlon	TM35	1	1:06:14
8	8	Deyen, Stefan Schwim = 00:13:33 (29) - Rad = 00:32:35 (8) - Lauf = 00:20:32 (10)	81	Tri Freaks SV Hansa Fries	TM35	2	1:06:40
9	9	Büscher, Torsten Schwim = 00:12:00 (10) - Rad = 00:32:22 (6) - Lauf = 00:22:25 (27)	67	1. TCO Die Bären Oldenbu	TM45	1	1:06:47
10	10	Kallabis, Michael Schwim = 00:12:02 (11) - Rad = 00:33:09 (12) - Lauf = 00:21:47 (17)	69	SuS Darne	TM45	2	1:06:58
11	11	Eickhoff, Eckart Schwim = 00:12:13 (14) - Rad = 00:33:20 (13) - Lauf = 00:22:08 (24)	68	1. Nienburger SC	TM45	3	1:07:41
12	12	Pancratz, Tobias Schwim = 00:12:44 (18) - Rad = 00:34:11 (22) - Lauf = 00:21:10 (14)	85	SV Hansa Friesoythe Tri-F	TM30	2	1:08:05
13	13	de Vries, Herbert Schwim = 00:12:21 (16) - Rad = 00:34:01 (21) - Lauf = 00:22:08 (25)	69	Emder LG	TM45	4	1:08:30
14	14	Kankel, Jens Schwim = 00:11:40 (7) - Rad = 00:32:36 (9) - Lauf = 00:24:47 (60)	66	1. TCO Die Bären Oldenbu	TM50	2	1:09:03
15	15	Grund, Ole Schwim = 00:11:44 (9) - Rad = 00:34:57 (31) - Lauf = 00:22:38 (31)	65	1. TCO Die Bären Oldenbu	TM50	3	1:09:19
16	16	Meinert, Detlef Schwim = 00:14:17 (38) - Rad = 00:33:47 (18) - Lauf = 00:21:31 (16)	69	Harpstedter TB Triathlon	TM45	5	1:09:35
17	17	Schluchter, Thommy Schwim = 00:14:28 (41) - Rad = 00:33:35 (16) - Lauf = 00:22:07 (22)	72	Tri Team TuS Engter	TM40	2	1:10:10
18	1	Günthner, Antje Schwim = 00:13:47 (33) - Rad = 00:34:22 (25) - Lauf = 00:22:07 (23)	75	1. TCO Die Bären Oldenbu	TW40	1	1:10:16
19	18	Ellger, Leon Schwim = 00:15:21 (60) - Rad = 00:34:56 (30) - Lauf = 00:20:00 (7)	98	Sportprofil CAG	mJun	2	1:10:17
20	19	Scheele, Christian Schwim = 00:13:04 (22) - Rad = 00:33:59 (20) - Lauf = 00:23:30 (43)	75	1. TCO Die Bären Oldenbu	TM40	3	1:10:33
21	2	Lammers, Kira Schwim = 00:12:03 (12) - Rad = 00:36:18 (51) - Lauf = 00:22:15 (26)	90	1. TCO Die Bären Oldenbu	TW25	1	1:10:36
22	3	von Lehmden, Teresa Schwim = 00:11:26 (6) - Rad = 00:35:40 (43) - Lauf = 00:23:35 (45)	87	TuS BW Lohne Triathlon	TW25	2	1:10:41
23	20	Rüther, Timo Schwim = 00:12:04 (13) - Rad = 00:35:59 (45) - Lauf = 00:22:39 (32)	86	MTV Aurich	TM30	3	1:10:42
24	21	Karweit, Klemens Schwim = 00:12:19 (15) - Rad = 00:33:58 (19) - Lauf = 00:24:38 (57)	90	1. TCO Die Bären Oldenbu	TM25	1	1:10:55
25	22	Glose, Frank Schwim = 00:14:29 (42) - Rad = 00:33:39 (17) - Lauf = 00:22:55 (37)	66	TuS Bersenbrück	TM50	4	1:11:03
26	23	Unland, Ralf Schwim = 00:12:23 (17) - Rad = 00:34:39 (26) - Lauf = 00:24:22 (52)	64	Tri Team TuS Engter	TM50	5	1:11:24

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Platz	M/W	Name, Vorname	JG	Verein	Klasse	KP	Zeit
27	24	Gerdelmann, Dirk Schwim = 00:13:34 (30) - Rad = 00:36:37 (57) - Lauf = 00:21:20 (15)	79	TuS Haren Leichtathletik	TM35	3	1:11:31
28	25	Wegener, Tim Schwim = 00:15:02 (55) - Rad = 00:33:21 (14) - Lauf = 00:23:15 (41)	85	RSC Papenburg	TM30	4	1:11:38
29	26	Schulan, Anatolij Schwim = 00:13:39 (31) - Rad = 00:36:54 (68) - Lauf = 00:22:05 (21)	79		TM35	4	1:12:38
30	27	Casser, Matthias Schwim = 00:11:41 (8) - Rad = 00:36:07 (47) - Lauf = 00:24:53 (61)	98	VfL Lönningen	mJun	3	1:12:41
31	28	Deters, Jens Schwim = 00:17:26 (96) - Rad = 00:32:42 (10) - Lauf = 00:22:34 (29)	71	TuS Blau Weiss Lohne Tria	TM45	6	1:12:42
32	29	Broekmann, Manuel-Ralf Schwim = 00:18:01 (104) - Rad = 00:35:07 (35) - Lauf = 00:20:00 (8)	89	SG Akquinet Lemwerder	TM25	2	1:13:08
33	30	Timmer, Stephan Schwim = 00:15:56 (71) - Rad = 00:35:11 (36) - Lauf = 00:22:54 (36)	86		TM30	5	1:14:01
34	31	Frerichs, Manfred Schwim = 00:16:05 (75) - Rad = 00:34:21 (24) - Lauf = 00:23:37 (47)	58	Emder LG	TM55	1	1:14:03
35	32	Hanekamp, Dirk Schwim = 00:14:20 (40) - Rad = 00:35:22 (38) - Lauf = 00:24:32 (55)	00	Sparta Werlte	mJA	1	1:14:14
36	33	Hanekamp, Klaus Schwim = 00:15:52 (70) - Rad = 00:35:36 (41) - Lauf = 00:23:04 (38)	69	Sparta Werlte	TM45	7	1:14:32
37	34	Reiffers, Jan Schwim = 00:14:44 (46) - Rad = 00:36:55 (70) - Lauf = 00:23:09 (39)	66	GVAV Triathlon Groningen	TM50	6	1:14:48
38	35	Peters, Jürgen Schwim = 00:13:18 (25) - Rad = 00:34:55 (29) - Lauf = 00:25:49 (74)	69	Haselünner Sportverein	TM45	8	1:15:02
39	4	Dammann, Dörte Schwim = 00:14:06 (34) - Rad = 00:37:17 (79) - Lauf = 00:23:39 (49)	72	Tri Lizards	TW40	2	1:15:02
40	36	Richard, Rembert Schwim = 00:17:39 (99) - Rad = 00:35:28 (39) - Lauf = 00:21:58 (18)	65	VfL Lönningen	TM50	7	1:15:05
41	37	Wijnhoven, Bert Schwim = 00:15:50 (69) - Rad = 00:34:19 (23) - Lauf = 00:24:58 (63)	60	Haselünner Sportverein	TM55	2	1:15:07
42	5	Löffler, Heike Schwim = 00:12:51 (20) - Rad = 00:39:11 (118) - Lauf = 00:23:09 (40)	86	1. TCO Die Bären Oldenbu	TW30	1	1:15:11
43	38	Quatmann, Frank Schwim = 00:14:11 (35) - Rad = 00:36:08 (48) - Lauf = 00:25:06 (65)	75	TSV Eintracht Hittfeld	TM40	4	1:15:25
44	39	Siemer, Linus Schwim = 00:12:51 (21) - Rad = 00:36:57 (72) - Lauf = 00:25:44 (72)	95		TM20	3	1:15:32
45	6	Peters, Anne Schwim = 00:14:15 (37) - Rad = 00:35:21 (37) - Lauf = 00:26:10 (88)	75		TW40	3	1:15:46
46	40	Boße, Martin Schwim = 00:15:40 (65) - Rad = 00:35:39 (42) - Lauf = 00:24:28 (54)	63	TuS Bersenbrück	TM50	8	1:15:47
47	41	Brüning, Tom Schwim = 00:16:43 (86) - Rad = 00:36:33 (55) - Lauf = 00:22:36 (30)	98	Copernicus Gymnasium	mJun	4	1:15:52
48	42	Witte, Daniel Schwim = 00:15:57 (72) - Rad = 00:36:22 (52) - Lauf = 00:23:36 (46)	86	LT Spaß mit Sport, Leer	TM30	6	1:15:55
49	43	Toepfer, Karsten Schwim = 00:13:09 (23) - Rad = 00:36:42 (61) - Lauf = 00:26:09 (87)	68	Quakenbrück	TM45	9	1:16:00
50	44	Moormann, Julius Schwim = 00:18:31 (122) - Rad = 00:37:05 (77) - Lauf = 00:20:25 (9)	00	Copernicus Gymnasium	mJA	2	1:16:01
51	7	Büscher, Susanne Schwim = 00:13:13 (24) - Rad = 00:35:01 (34) - Lauf = 00:26:57 (106)	67	1. TCO Die Bären Oldenbu	TW45	1	1:16:11
52	45	Lüken, Aloys Schwim = 00:16:18 (79) - Rad = 00:37:11 (78) - Lauf = 00:22:43 (34)	72	BV Garrel	TM40	5	1:16:12

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Platz	M/W	Name, Vorname	JG	Verein	Klasse	KP	Zeit
53	46	Szech, Manuel	85	LP-Racing Team	TM30	7	1:16:20
		Schwim = 00:14:44 (47) - Rad = 00:32:57 (11) - Lauf = 00:28:39 (129)					
54	47	Hause, Philip	74		TM40	6	1:16:21
		Schwim = 00:16:21 (80) - Rad = 00:37:20 (80) - Lauf = 00:22:40 (33)					
55	48	Sauer, Artur	80	TuS Weene	TM35	5	1:16:25
		Schwim = 00:15:34 (62) - Rad = 00:38:04 (91) - Lauf = 00:22:47 (35)					
56	49	Schulte, Frank	77	TuS Emstekerfeld	TM35	6	1:16:37
		Schwim = 00:16:49 (88) - Rad = 00:37:49 (90) - Lauf = 00:21:59 (19)					
57	50	Gerdas, Christoph	65	WSF Neptun Köln-Mülheim	TM50	9	1:16:59
		Schwim = 00:15:30 (61) - Rad = 00:36:17 (50) - Lauf = 00:25:12 (66)					
58	51	Heymann, Tobias	89	Cool Runnings	TM25	3	1:17:04
		Schwim = 00:13:20 (26) - Rad = 00:36:29 (53) - Lauf = 00:27:15 (112)					
59	52	Horn, Janpeter	65	Team Laufrausch e.V.	TM50	10	1:17:07
		Schwim = 00:14:34 (45) - Rad = 00:36:42 (62) - Lauf = 00:25:51 (75)					
60	53	Körner, Andreas	66	Hammelwarder Strandfreund	TM50	11	1:17:18
		Schwim = 00:14:55 (52) - Rad = 00:36:37 (58) - Lauf = 00:25:46 (73)					
61	54	van der Wall, Kai	83	SV Stikelkamp	TM30	8	1:17:26
		Schwim = 00:15:36 (63) - Rad = 00:34:53 (28) - Lauf = 00:26:57 (107)					
62	55	Gödiker, Magnus	74		TM40	7	1:17:41
		Schwim = 00:19:59 (155) - Rad = 00:36:58 (73) - Lauf = 00:20:44 (11)					
63	56	Grüter, André	88		TM25	4	1:17:53
		Schwim = 00:15:06 (56) - Rad = 00:36:29 (54) - Lauf = 00:26:18 (90)					
64	57	Ferneding, Jan-Bernd	86	LT Waldschleicher Lohne	TM30	9	1:17:55
		Schwim = 00:15:44 (66) - Rad = 00:36:37 (59) - Lauf = 00:25:34 (70)					
65	58	Reents, Carsten	69	Blexer TB	TM45	10	1:17:56
		Schwim = 00:15:46 (68) - Rad = 00:36:14 (49) - Lauf = 00:25:56 (80)					
66	59	Hempel, Dennis	89		TM25	5	1:18:12
		Schwim = 00:14:56 (53) - Rad = 00:37:01 (74) - Lauf = 00:26:15 (89)					
67	60	Stegemann, Reinhard	62		TM50	12	1:18:19
		Schwim = 00:14:13 (36) - Rad = 00:34:47 (27) - Lauf = 00:29:19 (143)					
68	61	Görke, Marcell	76	Harpstedter TB Triathlon	TM40	8	1:18:28
		Schwim = 00:17:56 (102) - Rad = 00:36:54 (69) - Lauf = 00:23:38 (48)					
69	62	Brunsen, Jens	74		TM40	9	1:18:31
		Schwim = 00:16:01 (74) - Rad = 00:34:58 (32) - Lauf = 00:27:32 (117)					
70	63	Seiffert, Maximilian	79	Oldenburger Schwimmverein	TM35	7	1:18:36
		Schwim = 00:14:33 (44) - Rad = 00:36:52 (67) - Lauf = 00:27:11 (109)					
71	64	Middelkamp, Stefan	86		TM30	10	1:18:48
		Schwim = 00:18:09 (110) - Rad = 00:38:12 (93) - Lauf = 00:22:27 (28)					
72	65	Gerber, Ronald	61	Uni Triathlönwren Bremen	TM55	3	1:18:53
		Schwim = 00:14:47 (48) - Rad = 00:35:00 (33) - Lauf = 00:29:06 (138)					
73	66	Möhlenkamp, Frank	68	SuS Darne	TM45	11	1:19:36
		Schwim = 00:14:57 (54) - Rad = 00:36:36 (56) - Lauf = 00:28:03 (123)					
74	67	Panwitz, Aaron	99		mJA	3	1:19:38
		Schwim = 00:18:39 (127) - Rad = 00:37:41 (88) - Lauf = 00:23:18 (42)					
75	8	Falkena, Trijntje	82	MTV Aurich	TW30	2	1:19:44
		Schwim = 00:14:51 (50) - Rad = 00:37:22 (81) - Lauf = 00:27:31 (115)					
76	68	Hanekamp, Christian	64	Sparta Werlte	TM50	13	1:19:47
		Schwim = 00:17:29 (97) - Rad = 00:37:34 (84) - Lauf = 00:24:44 (58)					
77	9	Friesenborg, Monika	69	Emder LG	TW45	2	1:19:49
		Schwim = 00:16:42 (85) - Rad = 00:36:49 (66) - Lauf = 00:26:18 (91)					
78	69	Engl, Herbert	57	LT Tura 07 Westrhauderfeh	TM55	4	1:19:58
		Schwim = 00:17:14 (91) - Rad = 00:35:59 (46) - Lauf = 00:26:45 (102)					

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Platz	M/W	Name, Vorname	JG	Verein	Klasse	KP	Zeit
79	70	Berghoff, Timo	84	SV Lähden	TM30	11	1:20:03
		Schwim = 00:18:24 (117) - Rad = 00:38:09 (92) - Lauf = 00:23:30 (44)					
80	10	Brockmeier, Anna	94		TW20	1	1:20:06
		Schwim = 00:13:46 (32) - Rad = 00:38:46 (104) - Lauf = 00:27:34 (118)					
81	71	Asbrede, Sebastian	83		TM30	12	1:20:14
		Schwim = 00:13:30 (28) - Rad = 00:39:50 (129) - Lauf = 00:26:54 (105)					
82	72	Stoll, Matthias	76	TuS Emstekerfeld	TM40	10	1:20:23
		Schwim = 00:18:37 (125) - Rad = 00:39:42 (127) - Lauf = 00:22:04 (20)					
83	11	Trukatis, Carmen	72	Arnie's Triathlonbande	TW40	4	1:20:31
		Schwim = 00:15:20 (59) - Rad = 00:38:49 (105) - Lauf = 00:26:22 (93)					
84	73	Varnhorn, Eike-Sebastian	85		TM30	13	1:20:31
		Schwim = 00:17:20 (94) - Rad = 00:38:35 (100) - Lauf = 00:24:36 (56)					
85	74	ter Haseborg, Bodo	80	TV Apen	TM35	8	1:20:56
		Schwim = 00:14:31 (43) - Rad = 00:38:24 (96) - Lauf = 00:28:01 (122)					
86	75	Essig, Jens	61	TSG Westerstede	TM55	5	1:21:20
		Schwim = 00:18:18 (114) - Rad = 00:37:04 (76) - Lauf = 00:25:58 (81)					
87	76	Steinhoff, Michael	68		TM45	12	1:21:29
		Schwim = 00:19:09 (139) - Rad = 00:35:31 (40) - Lauf = 00:26:49 (103)					
88	77	Westermann, Norbert	98	Copernicus Gymnasium	mJun	5	1:21:30
		Schwim = 00:18:38 (126) - Rad = 00:36:47 (65) - Lauf = 00:26:05 (83)					
89	78	Rüther, Janis	88		TM25	6	1:21:30
		Schwim = 00:19:12 (141) - Rad = 00:41:11 (152) - Lauf = 00:21:07 (13)					
90	12	Göden, Ina	67	Lauftreff Rastede	TW45	3	1:21:32
		Schwim = 00:17:24 (95) - Rad = 00:38:16 (94) - Lauf = 00:25:52 (76)					
91	13	Parulewski, Nicole	76		TW40	5	1:21:35
		Schwim = 00:18:30 (121) - Rad = 00:38:44 (102) - Lauf = 00:24:21 (51)					
92	14	Wittek, Claudia	69	MTV Aurich	TW45	4	1:21:44
		Schwim = 00:16:36 (84) - Rad = 00:38:32 (99) - Lauf = 00:26:36 (99)					
93	79	de Wall, Michael	69	MTV Aurich	TM45	13	1:21:45
		Schwim = 00:14:54 (51) - Rad = 00:39:51 (130) - Lauf = 00:27:00 (108)					
94	80	Munk, Thomas	68	Rhauderfehn	TM45	14	1:22:06
		Schwim = 00:19:14 (143) - Rad = 00:37:40 (87) - Lauf = 00:25:12 (67)					
95	81	Revermann, Tobias	72	Damme	TM40	11	1:22:14
		Schwim = 00:18:06 (107) - Rad = 00:39:23 (123) - Lauf = 00:24:45 (59)					
96	82	Paul, Hannes	93	SV Hansa Friesoythe Tri-F	TM20	4	1:22:27
		Schwim = 00:15:14 (58) - Rad = 00:38:44 (103) - Lauf = 00:28:29 (128)					
97	83	Wilkens, Bernd	65	Triathlon Club Bremen	TM50	14	1:22:36
		Schwim = 00:16:25 (81) - Rad = 00:37:02 (75) - Lauf = 00:29:09 (139)					
98	15	Meyerhoff, Jana	99	TV Norden	wJA	1	1:22:38
		Schwim = 00:15:07 (57) - Rad = 00:38:21 (95) - Lauf = 00:29:10 (141)					
99	84	Mühlena, Harold	67		TM45	15	1:22:38
		Schwim = 00:17:45 (101) - Rad = 00:38:50 (106) - Lauf = 00:26:03 (82)					
100	85	Rolfes, Hanno	89		TM25	7	1:22:45
		Schwim = 00:19:21 (146) - Rad = 00:39:02 (113) - Lauf = 00:24:22 (53)					
101	16	Wijnhoven, Janneke	71	Haselünner Sportverein	TW45	5	1:22:49
		Schwim = 00:17:59 (103) - Rad = 00:35:55 (44) - Lauf = 00:28:55 (135)					
102	17	Lohmann, Kerstin	88		TW25	3	1:22:54
		Schwim = 00:16:11 (77) - Rad = 00:40:48 (143) - Lauf = 00:25:55 (78)					
103	18	Werner, Tasja	82	TuS Emstekerfeld	TW30	3	1:23:02
		Schwim = 00:16:45 (87) - Rad = 00:40:22 (139) - Lauf = 00:25:55 (79)					
104	86	Heyens, Hans	55		TM60	1	1:23:04
		Schwim = 00:16:10 (76) - Rad = 00:39:42 (128) - Lauf = 00:27:12 (110)					

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Platz	M/W	Name, Vorname	JG	Verein	Klasse	KP	Zeit
105	19	Aßmus, Sonka Schwim = 00:16:31 (83) - Rad = 00:37:39 (86) - Lauf = 00:29:15 (142)	82	RG Sprinter Emden	TW30	4	1:23:25
106	20	Korte, Kathrin Schwim = 00:19:24 (148) - Rad = 00:38:59 (109) - Lauf = 00:25:03 (64)	81		TW35	1	1:23:26
107	87	Diekmann, Chris Schwim = 00:18:07 (108) - Rad = 00:41:45 (159) - Lauf = 00:23:48 (50)	99	Copernicus Gymnasium	mJA	4	1:23:40
108	21	Schleper, Carolin Schwim = 00:18:25 (118) - Rad = 00:39:11 (119) - Lauf = 00:26:06 (85)	98	Copernicus Gymnasium	wJun	1	1:23:42
109	88	Winter, Markus Schwim = 00:19:01 (135) - Rad = 00:38:24 (97) - Lauf = 00:26:21 (92)	77		TM35	9	1:23:46
110	89	Degenhardt, Dennis Schwim = 00:18:56 (133) - Rad = 00:39:21 (121) - Lauf = 00:25:54 (77)	75	LT Gnadenlos	TM40	12	1:24:11
111	22	Tchorz, Christiane Schwim = 00:16:00 (73) - Rad = 00:40:00 (137) - Lauf = 00:28:21 (126)	79	Harpstedter TB Triathlon	TW35	2	1:24:21
112	90	Paul, Michael Schwim = 00:18:40 (128) - Rad = 00:39:22 (122) - Lauf = 00:26:23 (94)	60	SV Hansa Friesoythe Tri-F	TM55	6	1:24:25
113	91	Meinert, Arwed Paul Schwim = 00:19:16 (144) - Rad = 00:36:45 (64) - Lauf = 00:28:26 (127)	98	Harpstedter TB Triathlon	mJun	6	1:24:27
114	92	Wasserthal, Heiko Schwim = 00:19:04 (138) - Rad = 00:37:48 (89) - Lauf = 00:27:37 (120)	54	Bardenflether TB	TM60	2	1:24:29
115	93	Ettinger, Max Schwim = 00:20:55 (167) - Rad = 00:37:32 (83) - Lauf = 00:26:05 (84)	83		TM30	14	1:24:32
116	94	Raker, Volker Schwim = 00:18:08 (109) - Rad = 00:39:24 (124) - Lauf = 00:27:13 (111)	73		TM40	13	1:24:45
117	95	Alexander, Dieter Schwim = 00:15:38 (64) - Rad = 00:43:37 (173) - Lauf = 00:25:34 (71)	71		TM45	16	1:24:49
118	96	Jürgens, Volker Schwim = 00:19:40 (151) - Rad = 00:37:36 (85) - Lauf = 00:27:34 (119)	85		TM30	15	1:24:50
119	23	Brüggemann, Katja Schwim = 00:14:50 (49) - Rad = 00:41:53 (161) - Lauf = 00:28:10 (125)	73	Arnie's Triathlonbande	TW40	6	1:24:53
120	97	Wilke, Roland Schwim = 00:19:11 (140) - Rad = 00:39:09 (116) - Lauf = 00:26:37 (100)	82	TV Cloppenburg	TM30	16	1:24:57
121	98	Scholz, Sascha Schwim = 00:19:13 (142) - Rad = 00:39:05 (114) - Lauf = 00:26:39 (101)	78	TV Cloppenburg	TM35	10	1:24:57
122	99	Korn, Mik Schwim = 00:18:19 (116) - Rad = 00:36:40 (60) - Lauf = 00:30:12 (153)	64	TS Hoykenkamp	TM50	15	1:25:11
123	24	Hacke, Friederike Schwim = 00:14:19 (39) - Rad = 00:41:34 (157) - Lauf = 00:29:25 (145)	93	Hase-Team	TW20	2	1:25:18
124	100	Ostermann, Felix Schwim = 00:19:20 (145) - Rad = 00:39:56 (133) - Lauf = 00:26:08 (86)	98	Copernicus Gymnasium	mJun	7	1:25:24
125	25	Aslan, Sarah Schwim = 00:18:25 (119) - Rad = 00:40:53 (144) - Lauf = 00:26:31 (97)	79	Lauftreff Rastede	TW35	3	1:25:49
126	101	Jehle, Frank Schwim = 00:20:59 (168) - Rad = 00:39:27 (125) - Lauf = 00:25:23 (69)	66	Lauftreff Rastede	TM50	16	1:25:49
127	102	Sextro, Markus Schwim = 00:18:32 (123) - Rad = 00:40:58 (146) - Lauf = 00:26:25 (96)	84	VfL Oythe	TM30	17	1:25:55
128	26	Stoyke, Rita Schwim = 00:19:02 (136) - Rad = 00:42:00 (164) - Lauf = 00:24:55 (62)	69	STV Barßel	TW45	6	1:25:57
129	103	Busse, Bernd Schwim = 00:19:43 (153) - Rad = 00:39:54 (132) - Lauf = 00:26:24 (95)	70	Timmy-Team	TM45	17	1:26:01
130	104	Hacke, Andreas Schwim = 00:18:36 (124) - Rad = 00:39:56 (134) - Lauf = 00:27:31 (116)	60	Hase-Team	TM55	7	1:26:03

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Platz	M/W	Name, Vorname	JG	Verein	Klasse	KP	Zeit
131	105	Koch, Dennis	78		TM35	11	1:26:06
		Schwim = 00:18:57 (134) - Rad = 00:37:22 (82) - Lauf = 00:29:47 (147)					
132	106	Facklam, Horst	55	Wirdum	TM60	3	1:26:18
		Schwim = 00:18:16 (113) - Rad = 00:39:19 (120) - Lauf = 00:28:43 (130)					
133	27	Schmitz, Dagmar	66	TSG Hatten-Sandkrug	TW50	1	1:26:40
		Schwim = 00:16:54 (89) - Rad = 00:40:59 (147) - Lauf = 00:28:47 (133)					
134	28	Teuber, Martina	74		TW40	7	1:26:50
		Schwim = 00:16:57 (90) - Rad = 00:39:06 (115) - Lauf = 00:30:47 (162)					
135	107	Niemöller, Steffen	95		TM20	5	1:26:54
		Schwim = 00:19:22 (147) - Rad = 00:41:00 (148) - Lauf = 00:26:32 (98)					
136	108	Meißler, Frank	73	SCR Langholt	TM40	14	1:27:06
		Schwim = 00:20:13 (158) - Rad = 00:36:56 (71) - Lauf = 00:29:57 (150)					
137	109	Südkamp, Sven	76		TM40	15	1:27:41
		Schwim = 00:18:29 (120) - Rad = 00:40:13 (138) - Lauf = 00:28:59 (136)					
138	110	Rumpf, Holger	64	VfL Lingen	TM50	17	1:27:43
		Schwim = 00:21:51 (177) - Rad = 00:39:01 (111) - Lauf = 00:26:51 (104)					
139	111	Kruse, Maik	84		TM30	18	1:27:57
		Schwim = 00:15:44 (67) - Rad = 00:41:27 (155) - Lauf = 00:30:46 (161)					
140	112	Öing, Volker	70	SV Lengerich-Handrup	TM45	18	1:28:02
		Schwim = 00:18:03 (106) - Rad = 00:38:29 (98) - Lauf = 00:31:30 (171)					
141	113	Meyer, Bernd	65	Das Ziel ist im Weg	TM50	18	1:28:11
		Schwim = 00:21:55 (178) - Rad = 00:38:59 (110) - Lauf = 00:27:17 (113)					
142	114	König, Friedhelm	71	Lauftreff Ramsloh	TM45	19	1:28:24
		Schwim = 00:20:59 (169) - Rad = 00:38:42 (101) - Lauf = 00:28:43 (131)					
143	115	Willenborg, Sönke	91		TM25	8	1:28:29
		Schwim = 00:20:50 (163) - Rad = 00:39:57 (136) - Lauf = 00:27:42 (121)					
144	29	Behrens, Heike	73	SSV Gristede	TW40	8	1:28:59
		Schwim = 00:18:18 (115) - Rad = 00:39:51 (131) - Lauf = 00:30:50 (164)					
145	116	Kramer, Thorsten	75	BW Ramsloh	TM40	16	1:29:07
		Schwim = 00:21:15 (171) - Rad = 00:42:40 (168) - Lauf = 00:25:12 (68)					
146	30	Hopster, Sonja	67	SV Hollenstede	TW45	7	1:29:26
		Schwim = 00:16:26 (82) - Rad = 00:42:38 (167) - Lauf = 00:30:22 (154)					
147	117	Grotelüschen, Werner	46		TM70	1	1:29:27
		Schwim = 00:20:54 (166) - Rad = 00:39:10 (117) - Lauf = 00:29:23 (144)					
148	31	Vollstaedt, Tanja	74		TW40	9	1:29:36
		Schwim = 00:17:33 (98) - Rad = 00:40:42 (142) - Lauf = 00:31:21 (170)					
149	118	Raeker, Axel	67		TM45	20	1:29:55
		Schwim = 00:20:05 (157) - Rad = 00:40:41 (141) - Lauf = 00:29:09 (140)					
150	119	Oltmanns, Peter	70	DJK Bösel	TM45	21	1:29:58
		Schwim = 00:20:51 (164) - Rad = 00:38:58 (108) - Lauf = 00:30:09 (152)					
151	120	Fortmann, Ulrich	66	Oldenburger Schwimmverein	TM50	19	1:30:31
		Schwim = 00:16:16 (78) - Rad = 00:43:41 (174) - Lauf = 00:30:34 (156)					
152	32	Wallasch, Marina	66	1. TCO Die Bären Oldenbu	TW50	2	1:30:44
		Schwim = 00:17:15 (92) - Rad = 00:41:53 (162) - Lauf = 00:31:36 (172)					
153	121	Vollstaedt, Rene	65		TM50	20	1:30:46
		Schwim = 00:21:08 (170) - Rad = 00:38:55 (107) - Lauf = 00:30:43 (160)					
154	33	Steinhoff, Conny	74		TW40	10	1:30:55
		Schwim = 00:19:38 (150) - Rad = 00:41:51 (160) - Lauf = 00:29:26 (146)					
155	34	Purk, Carolin	98	Copernicus Gymnasium	wJun	2	1:31:04
		Schwim = 00:17:16 (93) - Rad = 00:45:40 (188) - Lauf = 00:28:08 (124)					
156	35	Fortmann, Franziska	85	TuS BW Lohne Triathlon	TW30	5	1:31:50
		Schwim = 00:18:01 (105) - Rad = 00:41:44 (158) - Lauf = 00:32:05 (174)					

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Platz	M/W	Name, Vorname	JG	Verein	Klasse	KP	Zeit
157	122	Schaber, Thorsten	66	OsterMen	TM50	21	1:32:15
		Schwim = 00:18:46 (131) - Rad = 00:39:01 (112) - Lauf = 00:34:28 (180)					
158	123	Ihnen, Tido	80		TM35	12	1:32:17
		Schwim = 00:19:40 (152) - Rad = 00:41:25 (154) - Lauf = 00:31:12 (169)					
159	124	Holznagel, Lothar	61	OTSV Preußisch Oldendorf	TM55	8	1:32:53
		Schwim = 00:21:23 (176) - Rad = 00:40:53 (145) - Lauf = 00:30:37 (157)					
160	36	Krampe, Marie	98		wJun	3	1:33:09
		Schwim = 00:18:11 (112) - Rad = 00:44:34 (178) - Lauf = 00:30:24 (155)					
161	125	Willenborg, Andreas	67		TM45	22	1:33:24
		Schwim = 00:21:15 (172) - Rad = 00:41:28 (156) - Lauf = 00:30:41 (159)					
162	37	Peters, Karin	75	Haselünner Sportverein	TW40	11	1:33:33
		Schwim = 00:20:48 (162) - Rad = 00:41:56 (163) - Lauf = 00:30:49 (163)					
163	126	Bahlmann, Bernd	65		TM50	22	1:33:48
		Schwim = 00:20:02 (156) - Rad = 00:42:49 (169) - Lauf = 00:30:57 (165)					
164	38	Weiß, Andrea	70		TW45	8	1:33:57
		Schwim = 00:18:43 (129) - Rad = 00:45:26 (184) - Lauf = 00:29:48 (149)					
165	39	Zerhusen, Gudrun	72		TW40	12	1:33:57
		Schwim = 00:18:43 (130) - Rad = 00:45:27 (186) - Lauf = 00:29:47 (148)					
166	127	Diekmann, Edo	59		TM55	9	1:34:09
		Schwim = 00:19:02 (137) - Rad = 00:39:56 (135) - Lauf = 00:35:11 (183)					
167	128	von Lehmden, Frank	69	Blau Weiß Lohne	TM45	23	1:34:23
		Schwim = 00:21:21 (175) - Rad = 00:41:11 (153) - Lauf = 00:31:51 (173)					
168	129	Knüppel, Horst	42	Elisabethfehn	TM70	2	1:35:02
		Schwim = 00:20:47 (161) - Rad = 00:39:39 (126) - Lauf = 00:34:36 (181)					
169	130	Hemmen, Andreas	69	Haselünner Sportverein	TM45	24	1:35:08
		Schwim = 00:23:24 (188) - Rad = 00:42:51 (170) - Lauf = 00:28:53 (134)					
170	131	Meyer, Philipp	86		TM30	19	1:35:10
		Schwim = 00:23:40 (189) - Rad = 00:40:23 (140) - Lauf = 00:31:07 (167)					
171	40	Klein, Birgit	81	Team Laufrausch e.V.	TW35	4	1:35:21
		Schwim = 00:21:17 (173) - Rad = 00:43:26 (172) - Lauf = 00:30:38 (158)					
172	132	Brüning, Oliver	67		TM45	25	1:35:22
		Schwim = 00:21:19 (174) - Rad = 00:36:44 (63) - Lauf = 00:37:19 (187)					
173	133	Galeotti, Oliver	70	Team Erdinger Alkoholfrei	TM45	26	1:35:22
		Schwim = 00:23:05 (185) - Rad = 00:41:10 (151) - Lauf = 00:31:07 (168)					
174	41	Hobben, Nicole	79	SF Littel	TW35	5	1:35:22
		Schwim = 00:23:11 (186) - Rad = 00:41:05 (150) - Lauf = 00:31:06 (166)					
175	134	Hirschmann, Martin	65	DLRG Cloppenburg	TM50	23	1:35:30
		Schwim = 00:22:20 (181) - Rad = 00:44:05 (176) - Lauf = 00:29:05 (137)					
176	42	Gronewold, Anke	80		TW35	6	1:35:49
		Schwim = 00:19:55 (154) - Rad = 00:41:00 (149) - Lauf = 00:34:54 (182)					
177	135	Sinning, Ludwig	63	Kreuzfahrten Sinning Leer	TM50	24	1:35:50
		Schwim = 00:20:21 (159) - Rad = 00:43:02 (171) - Lauf = 00:32:27 (176)					
178	43	Ostermann, Ina	98	Copernicus Gymnasium	wJun	4	1:36:08
		Schwim = 00:18:09 (111) - Rad = 00:45:10 (182) - Lauf = 00:32:49 (177)					
179	136	Meier, Thomas	71	Chimik Voskressensk	TM45	27	1:36:25
		Schwim = 00:23:13 (187) - Rad = 00:45:49 (189) - Lauf = 00:27:23 (114)					
180	137	Ostendorf, Karl	69		TM45	28	1:37:12
		Schwim = 00:22:22 (182) - Rad = 00:46:07 (190) - Lauf = 00:28:43 (132)					
181	138	Eilermann, Hubert	58		TM55	10	1:37:16
		Schwim = 00:20:24 (160) - Rad = 00:44:41 (179) - Lauf = 00:32:11 (175)					
182	44	Hugenberg, Anneke	93		TW20	3	1:37:36
		Schwim = 00:17:43 (100) - Rad = 00:42:22 (165) - Lauf = 00:37:31 (188)					

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Platz	M/W	Name, Vorname	JG	Verein	Klasse	KP	Zeit
183	45	Rollié, Elvira Schwim = 00:22:28 (183) - Rad = 00:45:26 (185) - Lauf = 00:30:06 (151)	66	Auszeit Wildeshausen	TW50	3	1:38:00
184	139	Krumme, Dirk Schwim = 00:21:58 (179) - Rad = 00:44:47 (180) - Lauf = 00:34:10 (179)	80	Run 4 Fun Greven	TM35	13	1:40:55
185	46	Kreye, Edith Schwim = 00:23:43 (190) - Rad = 00:44:27 (177) - Lauf = 00:33:37 (178)	55		TW60	1	1:41:47
186	47	Peters, Daniela Schwim = 00:22:33 (184) - Rad = 00:44:58 (181) - Lauf = 00:37:53 (189)	71	Haselünner Sportverein	TW45	9	1:45:24
187	48	Meyer, Martina Schwim = 00:22:09 (180) - Rad = 00:44:04 (175) - Lauf = 00:40:51 (193)	81	Das Ziel ist im Weg	TW35	7	1:47:04
188	140	Frerichs, Jörg Schwim = 00:18:55 (132) - Rad = 00:42:36 (166) - Lauf = 00:46:18 (195)	62		TM50	25	1:47:49
189	141	Kauß, Gernot Schwim = 00:24:37 (192) - Rad = 00:45:37 (187) - Lauf = 00:38:01 (190)	47	Lauftreff Ganderkesee	TM65	1	1:48:15
190	49	Peek, Claudia Schwim = 00:20:53 (165) - Rad = 00:52:40 (194) - Lauf = 00:36:03 (184)	98	Copernicus Gymnasium	wJun	5	1:49:36
191	50	Quiet, Petra Schwim = 00:25:28 (193) - Rad = 00:48:55 (192) - Lauf = 00:36:22 (186)	67		TW45	10	1:50:45
192	142	Groeneveld, Uwe Schwim = 00:25:30 (194) - Rad = 00:48:58 (193) - Lauf = 00:36:17 (185)	59		TM55	11	1:50:45
193	143	Witte, Günter Schwim = 00:23:59 (191) - Rad = 00:45:16 (183) - Lauf = 00:41:39 (194)	34	1. TCO Die Bären Oldenbu	TM80	1	1:50:54
194	144	Krause, Hans-Joachim Schwim = 00:25:35 (195) - Rad = 00:48:17 (191) - Lauf = 00:38:49 (191)	44		TM70	3	1:52:41
195	51	zu Jeddelloh, Sabine Schwim = 00:19:29 (149) - Rad = 00:59:24 (195) - Lauf = 00:40:20 (192)	62		TW50	4	1:59:13
DISQ		Fennen, Heinz Schwim = 00:30:20 () - Rad = 00:40:58 () - Lauf = 00:33:53 ()	55	Sigiltra Sögel	TM60		01:45:11
DISQ		Adamietz, Andreas Schwim = 00:23:28 () - Rad = 00:43:56 () - Lauf = 00:33:36 ()	59	Vareler TB Triathlon	TM55		01:41:00